



PACKING TIPS

Use the checklist when you pack. Once you are all packed, tuck the checklist in your camper's luggage and instruct them to use it when they pack their stuff up at the end of the week. That way, they have a way to make sure they've got everything they came with and are leaving nothing behind.

WHAT TO PACK YOUR STUFF IN

Pack your camper's stuff so that you can carry it a short distance to their cabin. Storage space in the cabins is limited. Pack all your items in a regular suitcase no taller than 15 inches.

LABEL EVERYTHING

Put your camper's first and last name on everything using a permanent marker. Be sure to label your camper's luggage. If your camper loses something, it may turn up in lost and found. Unclaimed items are disposed of or donated to charity two weeks after your camper's session ends.

PACK APPROPRIATE ATTIRE FOR CAMP

Pack clothing that is comfortable in hot weather, suitable for outdoor play, and has the potential to get wet and dirty. Campers should not pack suggestive or revealing outfits, nor articles of clothing that promote alcohol, tobacco, drug use, sexual behavior, or contain inappropriate language.

A NOTE ABOUT SWIMSUITS

We expect all guests and staff to dress modestly while at camp. You should always be covered by lifejacket, modest swimwear, and/or clothing unless in a private changing or shower area. Example 1: While swimming, everyone must wear a lifejacket and modest swimwear. Example 2: When removing a lifejacket, everyone must put on clothing immediately afterwards.

MEDICATIONS

All medications (prescription, non-prescription, and over-the-counter) remain with and are dispensed by our Medical Staff. Please pack your medications separately from your luggage in the original prescription bottles that are labeled with your camper's information in a labeled zip lock bag with instructions. This is so that you will be able to easily access them and turn them into the Medical Staff during Check-In. Additionally, add all medication to your camper's health history form.



PACKING LIST

- Raincoat/ Poncho or Rain Gear - 1
- Underwear and socks - 8
- Short-sleeved shirts - 10
- Shorts - 4 or 5
- Long pants or jeans - 1
- Long-sleeved T-shirt - 1
- Sweatshirt or sweater & sweatpants - 1
- Pajamas-1or2
- Hat
- Swimsuits or Swim Trunks - 2 (We recommend bringing swimsuits to rotate as campers will get wet every day. Campers may also have to hike in their swimsuit at times.)
- Bath towel and washcloth
- Beach towel to use at the waterfront
- Athletic Style Shoes- 1 (tennis shoes or other closed-toed shoes)
- Secure fitting shoes that can get wet/muddy - 1
- Sandals/ flip-flops for only wearing in the shower - 1
- Sunglasses
- Small day pack
- Bible
- Nalgene or water bottle (around 32oz)
- Hand sanitizer
- Twin Bedding (sleeping bag or sheets and a blanket)

- Pillow & pillowcase
- Laundry bag for dirty clothes
- Flashlight and extra batteries
- Sunscreen
- Insect Repellent
- Any medications you are taking (Must be turned in to the Medical Staff)

TOILETRIES

Place these in a gallon-sized ziplock bag with the camper's name on it!

- Deodorant
- Feminine necessities
- Toothbrush and toothpaste
- Shampoo and conditioner
- Soap in a container
- Something to carry toiletries in



WHAT NOT TO BRING

Cell phones We do not recommend bringing cell phones, but this is at the discretion of your Group Leader. There is no cell service available at Camp Eagle. Wi-Fi calling and landline calling are available to Group Leaders only.

Car keys

Walkie-Talkies

Knives, anything sharp, or any type of weapon

Pets - No, not even little cute pets!

Tobacco products of any sort

Alcohol or drugs

Your own harness or helmet

Expensive electronics: Camp Eagle does not provide lockers, safes, or any other means of securing valuables

A NOTE ON LOST ITEMS

While we do keep a Lost & Found at Camp Eagle, we cannot make guarantees about finding lost items, nor can we cover shipping for items that are found.